



WEBINAR 5

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Making Space in attack using teammates - Screens

Timing of Webinar Contents:

00.20 Introduction

00.53 The GrowCoach Wheel/Concepts

03.05 Recap - Making Space – 1 v 1

03.36 V Cut, Walk Away & Peel Off

04.42 Making Space using teammates – Coaching Screens

04.57 Narrow & wide screens, Roll off.

13.00 Switching markers

13.45 Roll off technique

15.29 Making space - patience

17.05 No screen

17.50 Attempted screen

19.47 Good screen

SPORTS PERFORMANCE

25.33 WIN – What's Important Now

GROWCOACH GOLD

33.20 TAP – Technique, Awareness, Patience

QUESTIONS & ANSWERS

35.22 Refereeing screens, how players communicate screens

38.45 How opponents counter screens, where to use screens on the pitch